

# NORTHERN "B" TRACK MEET SCHEDULE

*BOYS PRECEDE GIRLS IN ALL RUNNING EVENTS*

	<b>9:30</b>		3200 Meter Run	
	<b>10:10</b>		4 x 100 Meter Relay	
	<b>10:35</b>		300 Meter Hurdles	
	<b>11:10</b>		800 Meter Run	
	<b>11:50</b>		100 Meter Dash	

## LUNCH BREAK

	<b>12:45</b>		110/100 Hurdles	
	<b>1:25</b>		400 Meter Dash	
	<b>2:00</b>		1600 Meter Run	
	<b>2:40</b>		200 Meter Dash	
	<b>3:10</b>		4 x 400 Meter Relay	
	<b>3:40</b>		Trophy Presentation	

## FIELD EVENT SCHEDULE

<b>9:30</b>	Long Jump - B	Discus - G	High Jump - G
		Javelin - B	Pole Vault - B
<b>11:15</b>	Triple Jump - G	Shot Put - G	Pole Vault - G
	Triple Jump - B	Discus - B	
<b>12:45</b>	Long Jump - G	Javelin - G	High Jump B
		Shot Put - B	

**7:45a-9:15a SPIKE CHECK-IN AND IMPLEMENT MEASUREMENT**