

2018 TOP 10 Schedule

3:30 National Anthem

Field Events

3:00 Pole Vault – Girls
Long Jump – Boys

3:30 Shot Put – Boys
Discus – Girls
Pole Vault – Boys
High Jump – Boys

4:00 Long Jump – Girls

4:30 Discus – Boys
Shot Put – Girls

5:00 Triple Jump – Boys

5:30 Javelin – Girls
Javelin – Boys
High Jump – Girls

6:00 Triple Jump – Girls

Running Events

Girls then Boys

4:15 100 M Hurdles

4:25 110 M Hurdles

4:35 400 M Run

4:50 100 M Run

5:05 1600 M Run

5:25 400 M Relay

5:40 800 M Run

5:55 200 M Run

6:10 300 M Hurdles

6:30 3200 M Run

7:00 1600 M Relay