

## RUNNING EVENTS

### Beginning at 1:00 p.m.

300m Hurdles  
3200M Run  
400m Relay  
800m Run  
100/100m Hurdles  
100m Dash  
400m Run  
1600m Run  
200m Dash  
1600m Relay

## FIELD EVENTS

### Noon

Shot Put – Girls  
Long Jump – Boys  
Pole Vault – Girls  
Javelin - Boys

### 1:00 p.m.

High Jump - Boys

### 1:30 p.m.

Discus - Girls  
Long Jump - Girls  
Shot Put - Boys  
Pole Vault - Boys

### 3:00 p.m.

Discus – Boys  
Javelin – Girls  
Triple Jump – Boys  
High Jump - Girls

### 4:00 p.m.

Triple Jump – Girls

## NOTES:

**Please register your athletes by Sunday, April 15th at noon through [athletic.net](http://athletic.net)**

1. Running events are all timed finals
2. Field events: 4 throws or 4 jumps
3. Girls first in running events