

RUNNING EVENTS

Beginning at 1:00 p.m.

300m Hurdles
3200M Run
400m Relay
800m Run
100/100m Hurdles
100m Dash
400m Run
1600m Run
200m Dash
1600m Relay

FIELD EVENTS

Noon

Shot Put – Girls
Long Jump – Boys
Pole Vault – Girls
Javelin - Boys

1:00 p.m.

High Jump - Boys

1:30 p.m.

Discus - Girls
Long Jump - Girls
Shot Put - Boys
Pole Vault - Boys

3:00 p.m.

Discus – Boys
Javelin – Girls
Triple Jump – Boys
High Jump - Girls

4:00 p.m.

Triple Jump – Girls

NOTES:

Please register your athletes by Sunday, April 16th at 2 p.m. through athletic.net

1. Running events are all timed finals
2. Field events: 4 throws or 4 jumps
3. Girls first in running events